



Physician Leaders, Does Your Organization Have the Solutions in Place to Support Physician Well Being?

Caring, effective leadership is essential for addressing physician and advanced practitioner stress and burnout. Leadership conversations and setting a positive example of well being can dramatically impact a healthcare organization's culture, resulting in effective change.

Complete the checklist below to see if you as a physician leader have the solutions in place to make a positive impact in your healthcare organization.

PROBLEM	SOLUTION	Y	N
You notice your team becoming frustrated.	 Collaborative Leadership Style Adopt a more collaborative and team-centered physician leadership style.	<input type="checkbox"/>	<input type="checkbox"/>
There are no leadership development programs offered in your organization.	 Leadership Development Program Advocate for a strong leadership development program to help physician leaders become more effective.	<input type="checkbox"/>	<input type="checkbox"/>
Your organization does not offer assessments or surveys to measure burnout.	 Measure Burnout Establish a physician well being survey to annually measure the effects of burnout, such as the MiniZ ¹ .	<input type="checkbox"/>	<input type="checkbox"/>
There are no well being solutions available to physicians and advanced practitioners.	 Invest in a Well Being Infrastructure Create an executive-level champion who will work with leadership to foster and establish a culture of well being.	<input type="checkbox"/>	<input type="checkbox"/>
Physicians are not engaging with well being solutions offered. ²	 Breakdown Well Being Barriers Explore the issues, from understanding what solutions are valued by your physicians and advanced practitioners, then helping to address the barriers they face.	<input type="checkbox"/>	<input type="checkbox"/>

How many solutions do you have in place? If you checked all “Yes” you are on your way to building an effective culture of well being. If you checked some “No” it’s ok, there are some changes you can make to ensure your organization has a culture of well being and care.

Do you have the solutions in place to support physician well being in your organization? Learn how VITAL WorkLife™ can help your physicians and advanced practitioners with a variety of solutions and tools by **contacting us online** or calling 877.731.3949 today.

1. AMA StepsForward, Mini Z Burnout Survey, <https://www.stepsforward.org/modules/physician-burnout-survey>
 2. 2017 Physician & Advanced Practitioner Well Being Solutions Survey Report, <http://info.vitalworklife.com/2017-survey-report>

