

Weathering the Storm: Physician Burnout, Depression and Suicide

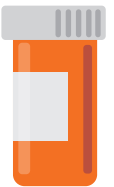
Physician suicide rates rank the highest of any profession. When symptoms of burnout collide with undiagnosed or untreated depression, the trauma can be felt throughout the organization.

44%

of physicians surveyed claim they **feel the effects of burnout daily**¹

15%

of physicians **report substance abuse as a norm**²



2 **OUT OF** 3³



physicians who are **experiencing depression** say it affects their work

2ND

only to "accidents", suicide is the **leading cause of death** among 24-34 y/o's in the nation⁴

1 physician dies by **suicide every day**, on average²



1 "Physician burnout in 2019, charted." Advisory Board, January 18, 2019

2 Matt Hoffman & Kevin Kunzmann, "Suffering in Silence: The Scourge of Physician Suicide," MD Magazine, February 5, 2019

3 Leslie Kane, MA, "Medscape National Physician Burnout, Depression & Suicide Report 2019," Medscape, January 16, 2019

4 "10 Facts About Physician Suicide and Mental Health," American Foundation for Suicide Prevention

Additional support can be found by contacting the National Suicide Prevention Lifeline: **800.273.8255**

Contact us for more on how to spot, address and mitigate burnout among your physicians while offering support and consultation when needed.

Phone: 877.731.3949