



Taking care of you takes care of others

You have discreet & confidential resources designed specifically for medical professionals and their families at your disposal. Your resources include:

Peer Coaching

A confidential collaborative partnership with a physician or clinician, who is also a certified coach, to strengthen personal and professional well-being

Parent Coaching

Confidential, non-diagnostic counseling

Legal Assistance

Financial Consultation & Resources

WorkLife Concierge

A time-saving virtual assistant to help with everyday and special occasion tasks

Mobile app & member website

- Engage with your program resources
- Take assessments to evaluate your well-being—including the Well-Being Index invented by Mayo Clinic
- Browse audio files, financial tools, downloadables and more
- Access articles and videos by experts

Anytime. Confidential. Free for you and your family.

Call anytime for support.

877.731.3949

Scan the QR code to download the mobile app.

Company Username:



30-070-0924

Visit VITALWorkLife.com for online resources.

Member Site Login

Username:

Password:

