

# Your VITAL WorkLife Team

#### **A National Workforce**

At VITAL WorkLife our strength comes from the experience and depth of our team. We have a diverse, nationwide workforce to deliver the best client experience. This workforce includes your assigned account team, members from our leadership team as well as consultants from our extensive network. Working with VITAL WorkLife, you have access to:

- Dedicated Clinical Leads who average more than 20 years of experience working with clinical staff
- More than 80 physician, practitioner and nurse peer coaches and senior behavioral health consultants
- A network of over 62,000 master's and doctorate level consultants with a national and international presence

Learn more about the VITAL WorkLife Leadership Team and Advisory Team.

### Your VITAL WorkLife Account Team

Your assigned VITAL WorkLife team has extensive experience working in the healthcare industry and is looking forward to supporting you and your organization on your well being journey.

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#### Your VITAL WorkLife Solution Delivery Team

Our Solution Delivery team is led by highly experienced consultants and is augmented by physician peer coaches, master's and doctorate level licensed clinical professionals such as psychologists and clinical social workers, who work exclusively with healthcare professionals. We focus on healthy behaviors, providing support to individual's mental and emotional well being and work/life needs.

## Our Team of Industry Coaches, Consultants and Counselors

VITAL WorkLife is committed to serving its physician clients with a national team of highly qualified consultants with certification, training and expertise in dealing with the mental, behavioral and performance issues of physicians and leaders in the healthcare sector. Our application process includes at least two comprehensive interviews and review of a minimum of three professional references. Upon selection, our Physician Practice Lead conducts an orientation to review our holistic framework, case and documentation process and quality standards. We also provide quarterly newsletters and professional development which includes opportunities for consultation and case review. Our unique and proprietary VITAL WorkLife well being assessment and support is holistic, straightforward and non-diagnostic, allowing for our consultants to take a tailored and customized approach to working with individuals, teams and organizations.

**Physician Peer Coaches:** Our Physician Peer Coaches—most of whom are also certified professional coaches, vast majority credentialed through the Int'l Coach Federation or an affiliated body, come from a variety of specialty areas and share a common passion for assisting their colleagues in strengthening their work and life satisfaction. Physician Peer Coaching offers a collaborative relationship with flexible boundaries allowing for mentorship and guidance—as well as support in finding ways to navigate difficult situations. Our peer coaches will work with physicians to clarify goals, values and form a path to achieving those goals.

**Senior Consultants:** With a strong grounding in mental and behavioral health plus extensive experience with healthcare clients, our master's and doctorate-level consultants provide short term, solution focused counseling services.