



Life happens. We can help.

At home and at work, life is full and fast — and sometimes challenging. VITAL WorkLife is a national behavioral health consulting company with a long tradition of helping individuals and families.



Pathways to Well Being



Let us help you build Pathways to Well Being.

We are ready to help you reach new levels of health, well being and productivity. If you or a family member is facing a challenge, like managing relationships, stress, substance abuse, grief & loss, or legal/financial issues, we encourage you to call before the problem gets too large.

VITAL WorkLife's **free, confidential** services are available **24/7/365**.

To access your work & life resources or learn more about your EAP Benefits, visit VITALWorkLife.com, then select "Member Login" — or call 800.383.1908.

