



**Chemical Assessment Referral and  
Release of Information**

Phone 800.383.1908

Fax 320.240.1501

Employee \_\_\_\_\_

Phone \_\_\_\_\_

Employer \_\_\_\_\_

Employer Contact \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Other Contact(s) \_\_\_\_\_

E-mail \_\_\_\_\_

Positive Test for: \_\_\_\_\_ Date: \_\_\_\_\_

Level(s) if known: \_\_\_\_\_

**Note:** Substance Abuse Professional (SAP) evaluations are not covered in the EAP.

Please describe, as specifically as possible, why the employee is being referred. *Attach additional information that would be helpful for the counselor to address your concerns, e.g. behavior issues related to chemical use, written warnings, previous corrective action, etc.*

Are there any specific requests or information sought by the employer as part of the assessment, e.g. required number of sessions with the counselor, specific testing schedule, negative UA in order to return to work, etc.?

**The employee is expected to contact VITAL WorkLife by \_\_\_\_\_ (date) to initiate setting up an appointment.**

By signing this form, the employee authorizes VITAL WorkLife and/or contracted consultant to release and/or exchange pertinent information with their employer. If the employee fails to follow through with the appointment, VITAL WorkLife will notify the employer.

Information to be disclosed: ***Please strike out and initial any area you revoke to be disclosed.***

- Attendance at EAP counseling session(s)
- Engagement, investment and cooperation of employee throughout the EAP process
- Skill building being addressed and progress toward behavior change
- Recommendations of VITAL WorkLife Counselor and/or contracted consultant

***I understand that I may refuse to sign this consent, but that refusal may have consequences which have been explained to me by my employer. I understand that I may revoke this consent at any time and that this consent expires upon fulfillment of the above indicated purpose(s) or one year after signature date, whichever occurs first. I understand that revoking my consent may have consequences also.***

Employee Signature \_\_\_\_\_

Date \_\_\_\_\_

Employer Representative \_\_\_\_\_

Date \_\_\_\_\_

Employee Name: \_\_\_\_\_

**Chemical Assessment Referral  
Recommendations**

Phone 800.383.1908

VITAL WorkLife Fax 320.240.1501

**Counselor:** Send to VITAL WorkLife no later than 3 days after  
EAP sessions are concluded. Attach necessary information.

Session Dates: \_\_\_\_\_

Areas addressed and progress toward each area:

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Skill Building Addressed/Assigned:

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Recommendations (check all areas that apply and provide details):

☐ Participation in Community Support Groups. Check One: ☐ AA ☐ NA ☐ Other: \_\_\_\_\_  
\_\_\_\_\_ times per \_\_\_\_\_ for \_\_\_\_\_ months  
Location: \_\_\_\_\_

☐ Outpatient chemical dependency treatment (List program information)

☐ In-patient chemical dependency treatment (List program information)

☐ Participation in Alcohol/Drug Education Class (List program information/resources)

☐ Continuation of individual counseling

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Recommendations for the Employer:

**\*(REQUIRED) Recommended re-test and return-to-work date based on self-report of last use or recent testing:** \_\_\_\_\_

Recommended testing schedule (frequency and time frame, e.g. 3 times per month for the first month, then once a month for 6 months):

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☐ Recommendations were shared with the client

Counselor Signature \_\_\_\_\_

Date \_\_\_\_\_