



Confidential Support for your Work and Life Challenges

The demands of your practice, relationships and personal matters can lead to stress, anxiety and burnout.

VITAL WorkLife can help you and your family members with Well-Being Resources to support your well-being at home and at work.



Designed for physicians—and their families.

Because we value you and understand the unique challenges you face, we offer these resources to all physicians and their families—at no cost! Our elite, physician-focused solution of Well-Being Resources and Concierge services are designed to alleviate stress and burnout while creating balanced work and life integration.

- Counseling • Peer coaching
- In-the-moment support
- WorkLife Concierge
- Mobile app
- Member web portal

Call anytime for support.

877.731.3949

Scan the QR code to download the mobile app.

Company Username:



Visit VITALWorkLife.com for online resources.

Member Site Login

Username:

Password:

Designed for clinicians—and their families.

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